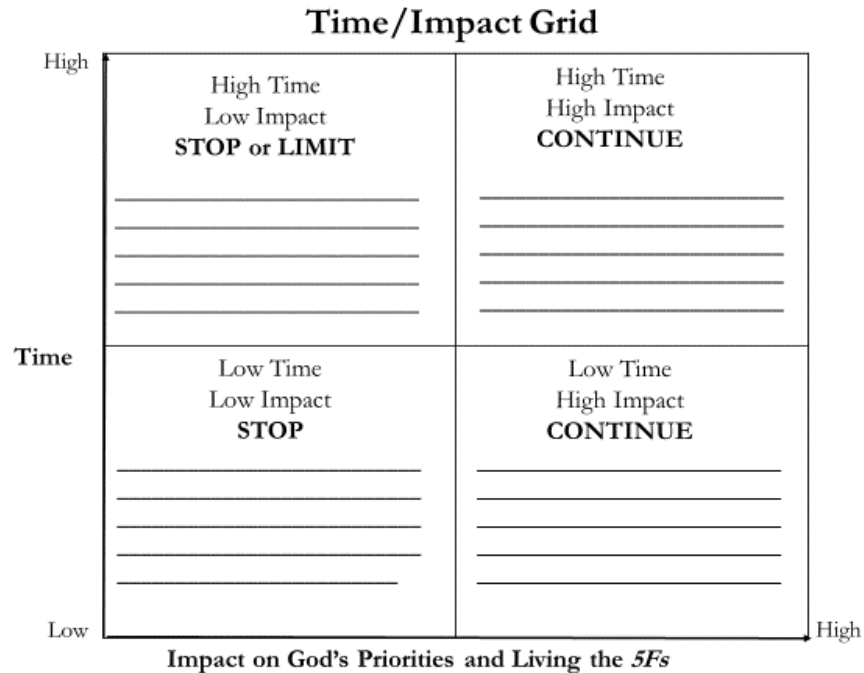


Time/Impact Grid

The Time/Impact Grid is a quick way to determine any time wasters that are distracting you from impacting God's priorities while living the 5Fs — faith, family, finances, fitness, and freedom.



The first step is to think about all the ways you spend time in a typical day, week, or even a month. Be sure to include everything, including studying the Bible, worshipping at church, household chores, errands, shopping, exercising, watching TV, attending church, volunteering at church, working, commuting, attending school board meetings, volunteering in a political campaign, etc.

Score each item firstly on the time and then on the impact on God's priorities and living the 5Fs and plot them in the respective quadrant. The challenge is to account for all your time. You will quickly be able to see which items should be stopped or reduced, and which should be continued.